

Prayer For Healing of Deep Wounds of the Past



No matter what you are struggling with today or what you have gone through in the past God loves you so very much and He desires to heal you and restore you. Stop for a moment and ask the Holy Spirit to shine LIGHT on your heart and reveal anything that may be in your heart regarding unforgiveness, resentment, hatred, anger, evil speak renegefulness and ask Father God to forgive you and create in you a clean heart and renew a right spirit within you. (Psalms 51:10) You may have been deeply hurt or wounded by things that happened in the past that were not your fault. It may be hard to forgive and you may even be saying, 'but you don't know what I have gone through!' Your right, but the Father does. Many times at the root of many different sicknesses and even life threatening diseases (dis-ease within) is un-forgiveness. I encourage you today to create a place in your home (an altar which is simply a place where you lay something down you have been carrying) and lay the person on the altar who hurt you so deeply and give them to God. Let God deal with them/him/her. God has a way of dealing with things in a more powerful way than we do. Let it all go and give it to God. You have carried it long enough! Isn't it time you were free. Let it go and get rid of all the poison you have been carrying around that has been eating you up alive inside and let God heal and restore you. It's okay to cry! Let go of all the pain and all the poison you have hidden in your heart for so long. Say this with me: 'Father God in Heaven I ask you to forgive me for holding on to the pain and unforgiveness for so long. I have had your hands tied because I couldn't forgive and You could not work in my behalf and I am so sorry. I choose to

forgive _____. Help me Father because it is so hard to forgive him/her/ them. I need your help. I lay (names of every person you need to forgive) _____
_____ on the altar at your feet. I give them to you and I say have your way with them. I ask that you would heal and restore me inside out and in my family and finances but most of all with my relationship with you Father God in Jesus righteous holy name and on the authority of the Word of God. Thank you for forgiving me of all my sins and healing me now in Jesus name. I declare I am free from the past. Your Word says: 'if I repent of all my sins you are faithful and just to forgive me of all my sins and to cleanse me and make me pure, righteous and holy in Your sight'. (1 John 1:9) Your Word also says: 'When I repent of my sins you bury them into the sea of forgetfulness as far as the east is from the west and you remember them no more.' (Psalms 103:12) Thank you Father God for forgiving me and restoring me. I have let go this day of all bitterness, rage, anger, harsh words, slander, as well as all types of evil behavior and I declare from this day forward with Your help I will be kind to others, tenderhearted, forgiving others just as You have forgiven me Father God. (Ephesians 4:31, 32) He heals the broken heart and binds up their wounds. (Psalms 147:3) He is near the brokenhearted and saves those who have a crushed spirit. (Psalms 34:18)

God has an incredible plan for you. (Jeremiah 1:5, Jeremiah 29:11-13) Call upon the name of Jesus and He will hear you and answer you. (Jeremiah 33:3) All you have to do is whisper His name and He will come running to you. Just say, 'Jesus help me!' He will! I stand in agreement with you this day for your healing and restoration on the authority of the Word of God in Jesus righteous holy name. (Matthew 18:19)

Father restore their body and emotionally, restore them spiritually, restore their finances, their family and give them a vision for the great future that you have for them through dreams and visions. I ask that you would now since the curse is broken love on them and restore them as only You can in Jesus righteous holy name. Amen.

I encourage you to come to a 'Heart to Heart Women's Retreat' or 'Light My Fire Women's Retreat' for further ministry and restoration.

Scriptures for Healing

God is near.

The Lord is near to those who are discouraged; he saves those who have lost all hope. – Psalm 34:18

God will strengthen you.

You made me suffer a lot, but you will bring me back from this deep pit and give me new life. – Psalm 71:20

God is with you.

When you pass through the waters, I will be with you; and through the rivers, they shall not overwhelm you; when you walk through fire you shall not be burned, and the flame shall not consume you. – Isaiah 43:1

Hard times won't last forever.

I consider that what we suffer at this present time cannot be compared at all with the glory that is going to be revealed to us. – Romans 8:18

God has a plan for your life.

For I know the plans I have for you," says the Lord. "They are plans for good and not for disaster, to give you a future and a hope. In those days when you pray, I will listen. If you look for me wholeheartedly, you will find me. Jeremiah 29:11-13

Don't give up.

We are afflicted in every way, but not crushed; perplexed, but not driven to despair; persecuted, but not forsaken; struck down, but not destroyed; always carrying in the body the death of Jesus, so that the life of Jesus may also be manifested in our bodies. – 2 Corinthians 4:8-10